

# Lehigh Wheelmen Association

## Monthly Meeting Minutes

### February 24, 2021

#### In Attendance:

*(Bolded people were in attendance)*

Board members: **Rich Ferrera** (President), **Roberta Kates** (Vice President Racing), **Kathy Crampton** (Vice President Touring), **Christine Penn** (Secretary), **Dave Sheffield** (Treasurer), **Richard Baldock** (Membership Administrator), Rob Smith (Assistant Membership Administrator), **Dave Drummer** (Website Manager), **Bert Mukkulainen** (Board Member), **Dick McCreight** (Board Member), **Larry Pickens** (Board Member), Bruce Kantor (Board Member)

*Also present: Anne Ferrera, Earl Ostrander, Karl Imdorf, Carl Zvanut, Jack Helffrich, Clyde Odom, Paul Smith*

(Online Meeting)

#### 1. Call to Order:

Rich started the meeting at 7:02 pm  
Briefly reviewed the agenda...then introduced Earl.

#### 2. Speaker:

**Earl Ostrander** (Big Earl)– First Aid Presentation

Who safety has to come first? Your own. Unless you know the person, use rubber gloves. Bring a first aid kit. Dave suggested he put together some kits to hand out to beginner rides.

Tourniquet? Extra inner tube would work. Between heart and wound to control bleeding.

Know your location. EMS times have increased, but assumes they know where they are going.

Head, neck and back. Don't want to move them. Exceptions – vomiting, roll the person over to their side. Don't remove the helmet, only to control bleeding. EMS wants to see the helmet to evaluate the injury. Hematomas can just seem like a headache.

Dave S – do you move people when on a blind curve. Face and Helmet, broken bones, get checked by EMS.

Bert M – Some should stand in way to stop traffic. Tow truck stopped to block traffic.

Flush out an eye – you can flush forever. If after 5 mins, it's a problem...Don't touch anyone else's eye!

Nose bleed? Forward and down. 5 mins. (Blood Thinners)

Loss of a Tooth? Should you put it back in? Put in milk. Gatorade, contact lens solution will work. (Don't stick it back in.)

Strains, sprains, fractures – RICE - Rest, Ice, Compress, and Elevate Keep swelling down.

Don't help a person who has fallen down. Should wait till the person makes their own attempt. Steve Banko dislocated shoulder.

How to know if drinking enough water? Pee color. Need to be clear to lime color.

Skin – protection from the Sun. Clothing, sunblocks

Dehydrated – Pale and clammy. Profuse sweating. Carry an umbrella? (Used to shade the sun.)

Ice packs,

Dave S – Cramps? Stop activity and drink more water.

Cold related emergencies? Getting frostbite, uncontrolled shivering - hug them. Body heat on body heat to warm them up.

Bleeding control. Pressure (with gloves).

Burns – second, third degree. Burn gel and a dry dressing. (Must be dry to not stick.)

All medical emergencies. Anything else – straight to hospital.

Slurred speech, facial droop – having a stroke.

Diabetic – sugar issue. Give them sugar.

Seizures – bodies going into shock – lay them on side, blanket, and talk to them. Lie to them if necessary.

Clyde – Carry Space Blanket. Bert M Gloves into saddle bags. Should you ask for permission?

Yes, if unconscious -its implied consent.

Check out Phil – Groundhog Day.

Rich remembers getting kits in the past.

Should it be provided to ride leaders? Should look into costs to get one for each.

List of things to include in kit..

### **3. Officer/Committee Reports:**

**Secretary** – Christine Penn - Have to defer to Roberta, since missed last meeting.

**Roberta** – Dave now has updated notes to post.

**Treasurer:** Dave Sheffield

Running a little bit behind on dues

January big insurance month. Roberta reduced GL cost by \$500.

Jack received the bike aid station.

Lenny and Carl performed an audit. Found Mistake.

Dave's mistake – forgot to pay some expenses for Dave Drummer.

## LWA Financial Summary Jan. YTD 2021 - Actuals

	<u>Touring</u>	<u>Racing</u>	<u>Elim.</u>	<u>Total</u>
<b>Income</b>				
DD (Participant Dues + Donations)				-
Holiday Party				-
Membership Dues	286			286
Other		-		-
<b>Total</b>	<b>286</b>	<b>-</b>		<b>286</b>
<b>Expense</b>				
Major Events (DD, Eastern Shore, Etc.)				-
Insurance (Includes Special Events - DD)	2,000			2,000
VPCC		-		-
Holiday Party				-
Charitable Donations (DD - CBW & AFB)		-		-
Clothing & Equipment for Resale				-
Recognition Awards/Speaker Fees				-
Affiliation Dues				
Web, RidewithGPS, Meetup & Postage	18			
Ride Leader Awards, G&C, Picnic, Other	25	-		25
<b>Total</b>	<b>2,042</b>	<b>-</b>		<b>2,042</b>
<b>Net Operating Income/Loss</b>	<b>-\$1,756</b>	<b>\$0</b>		<b>-\$1,756</b>
<b>Assets</b>				
<b>Checking (a)</b>	<b>\$5,533</b>	<b>\$3,969</b>		<b>\$9,502</b>
<b>Savings</b>	<b>\$5,079</b>	<b>\$0</b>		<b>\$5,079</b>
<b>Total</b>	<b>\$10,611</b>	<b>\$3,969</b>		<b>\$14,580</b>

**(a) Includes Restricted Funds of \$1840 for Bike Aid Station.**

**Membership / Grill-n-Chill:** Richard Baldock/Rob Smith

Membership Report:

Total Members ~ 342 (-6)

Units ~ 272 (down 56 from peak membership prior to March 2020 shutdown)

Individual ~ 200 (-2)

Family 70 (-2)

Emeritus ~ 2

Annualized Revenue Projection ~ \$4750 (-\$80)

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Still trending downward!!!!  
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**NEW & RETURNING MEMBERS (January/February )**

Bob Freed

Gustavo Valbuena

Peter van Emmerik

David Underhill \*\*\* & Kathleen Baker

Huber Huang \*\*\*

\*\*\* ~ noted in January report

Down 56 members, but got a couple of new members.

No Grill-N-Chill – COVID Stopping

Rich – Staffing issues - Sue is still having medical complications. Rob taking care of. Chemo interfering with arthritis. Probably down for the summer.

Rich and Valerie - Other backups are available.

Should we arrange a food truck? Could alleviate any COVID concerns.

Members can get a ticket for free food; could help drive memberships.

Cost would need to be evaluated. Dave suggested a limit on membership (like \$5)...but would need to be looked at.

Owner's raising concern about identifying members. It's uncomfortable to ask for an ID.

Bert M - Idea – put up a sign in store to show ID. Great idea, advertises wheelman.

Issue with ID card – there is none. Email when renewal is sufficient to use as an ID card.

Who's following up? Bert M volunteering to create but needs help on who to distribute it to. Kathy and Dave will help.

**Promotions:** Dick McCreight

Gearing up for a new Photo Contest. Must be member, taken in Lehigh Valley 2021, and will have categories. Email to [lwarideleader@ptd.net](mailto:lwarideleader@ptd.net) account.

Will put out details on the website and Meetup.

Paul - Does NJ qualify? Included in Greater Lehigh Valley.

**Webmaster:** Dave Drummer

Nothing going on.

Rich has a note on Blog – Wants to convey more information to a blog. Dave must approve. Clyde asking - Blog is accessible via Website. Replaced newsletter. (Called Latest News on Website)

**Touring:** Kathy Crampton

Zero rides in February.

Group events – Bike Virginia sent out an email. Donut Derby is starting planning. Could be late summer before things really get going.

Showed Crash Pack – Latex-free gloves, tape, various bandages, some gauze, antiseptic wipes and/or iodine pads, extra zip bag for used items.

**Racing:** Roberta Kates ...

Nothing much going on. Velodrome will likely be limited like last year.

Some Gran Fondo events are being planned.

Chip is unsure of Thursday Night Crits

Attended Promoter course with USA Cycling. They changed their process a lot. Will affect the Donut Derby permitting process. One of the things they specifically noted was that Road Markings must be removable.

**Donut Derby:** Bert Mukkulainen

Going forward and planning as if we are going to have a regular event.

Will revert back to donutless derby if necessary

Open registration on June 1st

Monday, September 6<sup>th</sup>.

Will be limited to 350 riders. Continue with raffles and virtual donuts.

Possibility of food options

Township permitting and Bowers park rental (brought forward from last year)

Virtual waivers.

Lots of things up in the air depending on the type of event we will have. Exciting but very uncertain.

**Eastern Shore** – Paul Smith

Hoping to have a normal ride and events. Think of shifting dates from April to May.

Want to post to meetup Hotel reservations with possibility to cancel

Probably consider canceling Happy Hour.

Kathy - Would consider moving to fall?

**Motion** – Move forward to start promoting Ride in May with

1st – Paul Smith 2<sup>nd</sup> Clyde Odom. All in favor, no one opposed.

#### 4. Old Business:

(Unfinished Business)

***Bike Repair Stand:*** Jack Helffrich

Arrived today, will drop off at our Velodrome locker.

Will need to plan something eventually when it gets arranged.

Signage? – talked about plaque, but haven't finalized anything as of yet.

***Leadership Team:*** Rich Ferrara

Will continue meetings

Membership drives

Business continuation

***Blessing of the Bikes:*** Larry Pickens

Looking to have on April 10<sup>th</sup>.

Event would take place introducing the two communities. Asked Dick if he would lead a ride after.

Would need to make sure it is OK with the council of Churches before coming back to board.

Current limit is at 6 for rides. Can support multiple rides with multiple leaders

Large area to support social distancing.

***Replacing VVV:*** Carl and Rich

With everything else going on, table for now. Maybe consider it for fall...

## 5. New Business:

### ***Clyde Odom - Youngest Member?***

Waiver covers 18. We have family membership. Considered OK with parent accompanying.

Anyone would have to complete USA Cycling Safesport.

Bylaws - Full members must be 18 or older.

Need to be taken off-line by board.

### ***Jack Helffrich – Do something for Sue Smith?***

Dave S- took flowers, also several cards. Probably could use a meal or two.

Roberta – would be nice to do a card shower. Sharing address would likely need approval.

Rich raised motion to adjourn at 8:59 p.m. after no new business was mentioned. Dave S seconded.

Minutes submitted by Secretary Christine Penn, March 2nd, 2020

<https://lehighwheelmen.org/>



**Lehigh  
Wheelmen  
Association**