2016 ELITE & JR. TRACK NATIONALS
VOLUNTEERS NEEDED
JULY 25-31

Valley Preferred Cycling Center will be the host to the 2016 Elite & Jr Track Nationals July 25-31.

Every day athletes, officials, coaches and staff will need the help from volunteers. Events run throughout the day; morning session begins at 9 AM and evening session begins at 7 PM. Note: sometimes sessions run long due to weather and mishaps.

Volunteers are needed to assist athletes with starts for individual and team time trials; runners for delivering paper, water, food and information to officials and staff; keeping water supplies filled, track maintenance by placing bumpers, clean up and movement of tables and chairs. So many things need to be done to have a flawless event.

Contact Sallie Urffer @ sallie.pedals@gmail.com for more information, or if you are willing to volunteer.

Those willing to volunteer should supply dates and times available.

More event information can be found at: http://www.usacycling.org/2016/elite-juniors-track-nationals

LWA RIDE LEADER REPORT
JUNE 2016

June has been another fantastic month for cycling in the Lehigh Valley with 48 LWA rides and 517 riders participating. Your top Wheelmen ride leaders (as reported by June 26th) are Tom Donnelley leading 5 rides with 49 riders followed by Dick McCreeg 4 rides/69 riders, Dave Sheffield 4 rides/36 riders, Richard Baldock 4 rides/4 riders and Terri Terfinke 3 rides/45 riders. Top ride leaders year-to-date are Richard Baldock 22 rides/37 riders, Torie Loven 20 rides/214 riders, Dave Sprigle 15 rides/51 riders, Jean Black 14 rides/110 riders and Tom Donnelly 12 rides/102 riders. We have a near-tie for Mr. Popularity with Neil Dicker averaging 17 riders on his two rides and Terry Terfinke averaging 16.2 riders on the nine rides he has led. We’re in peak cycling season so find that perfect ride at http://www.meetup.com/Lehigh-Wheelmen-Association/events/. Be safe and enjoy the fellowship of a Lehigh Wheelmen ride!

Dick McCreeg

LWA CLUB MEETING NEWS

July meeting has been cancelled due to various summer commitments. Next club meeting on August 17 at Asbury Methodist.
LWA MEMBERSHIP REPORT
JUNE 22, 2016

WELCOME NEW & RETURNING MEMBERS

Lisa Scheller
Mike Freer
Juli Febraro
Michael Wimmer
Betsy Batter & George Conners
Barry, Therese & Erik Mertz
John, Emma, Ian & Rebecca Macdonald
Shane Ralston
Diana Dunn
Don Worman
David Faust
Shaun Stenlake
JD Lopresti
Robin Hendricks
Peter, Maria, Nicholas & Gianna Costa
Allen Poon
Ronald Young

MEMBERSHIP SUMMARY

Units 289 (+2)
Individual 210 (+4)
Family 79 (-2)
Minimum Total 368 (0)

EXPERIENCING WEBSITE "PROBLEMS"?

Rule 1: Contact Membership Administration (see below).
Rule 2: See Rule 1.

Apologies in advance for any errors and/or omissions!

Richard Baldock  rv314159@rcn.com
Rob Smith  rsmith@ptd.net
LWA Membership Administration

LWA CLASSIFIEDS

<table>
<thead>
<tr>
<th>ARTICLES FOR SALE</th>
<th>WANTED</th>
<th>FOR RENT</th>
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<tr>
<td>2 HARD-SIDED BICYCLE TRAVEL CASES, Club owned, for rent to members for up to 4 weeks. $25 for 1 or 2 weeks, $50 for 3 or 4 weeks. Plus security deposit required for any rental. Contact Dick McCreight <a href="mailto:dickmcc@ptd.net">dickmcc@ptd.net</a></td>
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Ads must be private buy/sell/wanted/etc. having to do with bicycling and/or other sports. Ads must be submitted by the 20th of the month to appear in the following month’s newsletter. Send ads to grmm3@ptd.net

OFFICIAL LWA EVENT
WEEKEND IN HYDE PARK, NY
AUGUST 19 - AUGUST 21, 2016

Hyde Park NY, on the banks of the Hudson River, is home to the Franklin D Roosevelt Estate, the Culinary Institute of America, and numerous other points of interest. Rides will be sponsored on Friday, Saturday, and Sunday with varying distances and difficulty to accommodate all abilities and interests. This official LWA event was posted on Meetup early so interested LWA members can make advanced plans. Rides are planned for each day. Here is a link to the event with all the routes. They are all in the LWA-GPS club library. They also have been assigned the tag Hyde Park Weekend.

https://ridewithgps.com/events/Hyde-Park-Weekend6

The host hotel is the Quality Inn, 4142 Albany Post Road, Hyde Park, NY, where a block of 10 rooms have already been set aside under the group name Lehigh Wheelmen. The room rate is $130 per night, which includes breakfast. The number to call for reservations is 845-229-0088. The cutoff date for the room block is Tuesday, July 19. After that date any remaining rooms from the block will be released. More rooms should be available if we fill the block early enough.

The cost for LWA members is $10, payable via PayPal when you RSVP to this meetup.

Cyclists must be current LWA members to participate in this event due to club insurance coverage. Remember, being a member of this Meetup group is not the same as being an LWA member.

Questions contact Paul Smith: pocono723@yahoo.com or 570-460-2523

Thanks to Paul for continuing his fine LWA tradition of offering club events and rides in some interesting new territory.
MONDAY NIGHT RIDES
START TIME REVISION

The Monday evening rides are very popular, at times up 50 riders have left the Velodrome at 5:30 PM. Several participants have voiced justifications about the large packs riding from the Velodrome at the same time - some cyclists riding four or even five wide, some not obeying traffic laws going through intersections, and too many cyclists riding too close together.

To improve the safety of the Monday evening rides we will begin staggering the departure times of the A, B, C and D groups on Monday, June 27. The faster groups start first, D group last.

Velodrome departure times:
A group: 5:27 PM
B group: 5:30 PM
C group: 5:33 PM
D group: 5:36 PM

Ride leaders, please post your rides accordingly and depart with your group on time. Riders, please be ready and leave on time.

Thanks for everybody's cooperation and support of this safety initiative, and thanks for encouraging each other to ride safely.

Frieder de Biasi
VP of Touring

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GIVE ME 4 FEET
"BEEP, BEEP"

The current PA motor vehicle code governs motorists to maintain a "safe" distance of a minimum of 4 feet when executing a pass. Under current regulations, motorists are also permitted to cross a double yellow line (if traffic in the other lane allows safe passing) in order to maintain that prescribed distance. Similar laws govern motorists in 29 states and the District of Columbia, with many adopting a minimum passing distance of 3 feet. The present law, of course, is difficult to enforce and, therefore, rarely enforced. It is also apparently not very well-known to many PA motorists. Nationally, 40 percent of fatal crashes involving a motor vehicle and cyclists are rear-end collisions occurring when a motorists speeds up to pass a cyclist but does not maintain a safe passing distance. A new technology currently being tested on the streets of Ottawa, Canada, might be effective in both enforcement of such laws and the education of the driving public.

The small device which attaches to a bicycle's handlebars uses sonar to detect the distance between the bike and passing cars. When a car passes the bike inside the one meter distance prescribed by law in Canada, the device beeps, allowing the police rider to radio ahead to other officers to pull the driver over. Though the device could be used for enforcement, it is currently just being tested as an educational tool. Motorists pulled over during present testing are given a warning and a pamphlet explaining the safe distance law, passed last year in an effort to reduce fatal crashes. If enforced, a motorist in Canada violating the safe passing distance regulation could face a fine up to $110 Canadian.

A similar device is currently being tested by police in Chattanooga, TN, and police departments in Kentucky and Texas are planning on adopting the new technology.

For more information about the device and its testing, check out the original article from the Washington Post:


GMack
QR Editor

EDITOR'S NOTE: Thanks to Bryan Nyce for providing the information and inspiration for this article.
LWA Discount Sponsors

Receive a 10% Discount with your LWA membership card!
(unless otherwise noted)

**Action Wheels**
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www.action-wheels.com

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1728 Tilghman St.
Allentown, PA 18104
610-437-6100
www.bikeline.com

**BikeLine Bethlehem**
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Bethlehem, PA 18018
610-691-0943
www.bikeline.com

**Bikesport**
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www.fitnesscentralinc.com

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email: smcbikes@ptd.net

**Spokes Bike Shop**
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610-562-8900
www.spokesbikeshop.com

**The Velo Shop**
6465 Village Lane, Suite 8,
Macungie, PA 18062
267-374-3915
www.theveloshop.net
info@theveloshop.net

**Village Bicycle Shop**
7 South Village Circle
Reinholds, PA 17569
610-742-4786
email: gs391@verizon.net