March was another wintery month, but our hardy LWA riders completed a total of 23 rides with 122 riders participating. Our top two ride leaders in March were Richard Baldock with 13 rides and 30 riders and Jean Black with 4 rides and 39 riders. Things really picked up in April with better weather and the start of Monday Night Rides. Through April 25th we've had 77 rides reported with 516 riders.

Top leaders YTD are:
Richard Baldock, 37 rides/157 riders
Jean Black, 6 rides/44 riders
Paul Smith, 6 rides/38 riders
Brian Wacik, 5 rides/40 riders
Dick McCreight, 4 rides/38 riders
Doug Leavitt, 4 rides/14 riders

Be sure to check the Lehigh Wheelmen Meetup calendar to find a great ride. http://www.meetup.com/Lehigh-Wheelmen-Association/events/
Rides are posted nearly every day with a variety of classifications. Looking forward to seeing you on the road.

Dick McCreight
THE EX-PREZ INTERVIEWS:
NEW PREZ’S STOKER/WIFE

As most/all of you know, Dave Sheffield was elected as president of the Lehigh Wheelmen Association for 2015. The following is an interview with his wife/stoker, Nancy.

QR - You are married to LWA president, Dave Sheffield. Should we refer to you as the 'First Lady of Cycling'? Nancy - LOL. I don't think so. How about just my "great one-of-a-kind cycling partner"???

QR - You and Dave are on the tandem a lot. Do you ever ride solo? Nancy - Yes. When cycling together, we usually do tandem. But I also enjoy cycling solo—particularly on Monday evenings.

QR - How did you get interested in cycling? Nancy - As a kid, I used to love riding my bike. I often went out with friends and loved the wind, fresh air and sense of freedom the bike gave me. Our son, Dustin, was part of the Air Products Developmental program and the Junior Cycling program during his Junior and Senior High School years. When I took him to practice, I would often take my bike and ride on roads around the Velodrome. I think it just grew from there. David and I started tandem riding about 15 years ago when some tandem friends encouraged us to try their tandem. It was "love at first ride". A few weeks later, we purchased our first (used) tandem at the Velodrome Fall Flea Market.

QR - How many miles do you typically ride in a year? Nancy - I've logged 3000+ miles the last 2 years.

QR - You lived in Paris for several years. How was the riding there? Nancy - A challenge. Paris is a large city with lots of traffic and lights. Fortunately, we lived on the outskirts of the city, but it still took 12 miles to get to the countryside. One time, I counted the lights from Versailles (the beginning of the countryside) to our apartment, and counted 52 lights. Yuck. However, the countryside was beautiful and the area was hilly which made the rides challenging and interesting.

We often took our tandem (which was quite an unusual sight in Europe) on trips outside of Paris. Some of the places we cycled included Normandy, Provence, and Dijon. One of my favorite cycling trips was to Holland in the spring when we cycled through all the tulip fields - it was superb!

QR - You guys ride Bike Virginia every year. Is that your favorite event? Nancy - That's hard to answer because Virginia offers so many different terrains, and we've enjoyed each one for what it offered. If I had to pick a favorite, I'd probably say the year we cycled the countryside around Winchester, Virginia. The horse farms and apple orchards we rode through were gorgeous. There were hills, but it wasn't like going over mountains.

QR - What do you do for off season training? Nancy - Mostly, I do gym work. We also hike and cross-country ski.

QR - Tell us about your new Calfee tandem. NS - I LOVE our new Calfee! While the Trek was a great bike, this one is lighter and smoother. It makes hill climbing a little easier. I can't say much more, b/c we just got it at the end of the 2014 season, and we're still just breaking it in. Can't wait to get out on the roads after this cold and snowy winter!

Jack Helffrich

LWA MEMBERSHIP REPORT
APRIL 2015

WELCOME NEW MEMBERS
Morry Reem
Sarah Vito
Thomas Horst
Leonard Clymer
Michael Repsher
Marlene Romany
Jon Soden
James Small

MEMBERSHIP
Individual ~ 212
Family ~ 72
(Estimated) Total ~ 400-

Richard Baldock  rv314159@rcn.com
Rob Smith  rbsmith@ptd.net

SAVE THE DATE
LWA GRILL AND CHILL
MONDAY, MAY 18, 2015
If you would like to help cook or serve at the Grill & Chill contact Debby Terfinko at debbyterfinko@gmail.com. Volunteers are always welcome to drop by!

Debby Terfinko
BIKE LINE OPEN HOUSE FOR LWA MEMBERSHIP
MAY 15, 2015

Bike Line of Allentown and General Manager Lauren Grafton have announced the second “Meet and Greet” night for LWA members with food, refreshments, and a chance to meet product reps on May 15, 6-8 PM, at the Allentown store.

Scott Kleinschuster, Regional Manager, has scheduled the following reps for the Allentown Bike Line Night:

Steve Hawkins  Saris/Cyclops/Electronic Time Trialing
Wayne Foose  Shimano/Pearl Izumi
Todd Fabian  Trek Bicycles
Bart Passanante  Scott Bicycles/Continental Tires/Crank Brothers/Mavic

Retail and repair shops will be open for any Q&A. Food and beverage will be served both nights.

Please RSVP Chip or Sallie if you plan to attend either or both nights.
Chip Berezny  chipberezny@gmail.com
Sallie Urffer  sallie.pedals@gmail.com

GMack  QR Editor

UPCOMING LWA SPRING EVENT: CYCLING WEEKEND IN CORNING, NEW YORK
Friday, May 29, 2015 2:00 PM
to Sunday, May 31, 2015, 3:00 PM
Hampton Inn Corning/Painted Post
248 Town Center Rd, Painted Post, NY

The weekend of May 29 – 31 we will be offering a trip to a new area, Corning, NY. I have reserved a block of 10 rooms at the Hampton Inn, 248 Town Center Road Painted Post, New York 14870, phone # 607-936-5020. The rate is $124 per room (plus tax). You can call anytime now and say you want a room out of the convention block under Lehigh Wheelman for these dates. They will pull a room and get all your personal information to book it. The cutoff date is 5/1/2015. Any rooms left as of that date will be released from their system.

Corning is a wonderful place to visit. You simply don’t want to miss the Corning Museum of Glass (http://www.cmog.org/) if you’ve never been there. You may want to consider not riding on Friday so you can visit it. Due to insurance, you must be an LWA member to participate. You can join on line from our website at http://www.lehighwheelmen.org/

Paul Smith  LWA VP of Touring

WAHOO!!!
NAVIGATION JUST GOT BETTER

Ride with GPS just got better. Now you can see turn by turn route directions from the Wahoo fitness display device called RFLKT. It mounts on your bike and uses bluetooth to communicate with the Ride with GPS APP running on your smartphone.

You can keep your smartphone tucked away in your jersey with the screen off and use the Wahoo display to see your cycling data and get turn by turn directions for a planned route. In this mode the smartphone battery drain is about 10% per hour.

I have been using this device for about 2 weeks and have been pleased with its performance. I found it easy to setup and connect with my iPhone. Mounting and setup took about 30 minutes, and I was ready to ride. The Wahoo RFLKT sells for $99 on the Wahoo website. See the following links for more information:

Wahoo - RFLKT:
http://www.wahoofitness.com/devices/rflkt.html?gclid=CNj90sfNkcACFU4F7AodDw4A2Q

Ride with GPS website:
http://ridewithgps.com

Terry Terfinko
CROP HUNGER RIDE 2015
JUNE 6, 2015

The CWS/CROP (Communities Responding to Overcome Poverty) interfaith organization is well known for its annual CROP Hunger Walk held in October in the Lehigh Valley. One quarter of funds raised go to Lehigh Conference of Churches to support the Daybreak Soup Kitchen and the Allentown Ecumenical Food Bank. The balance is distributed through Church World Service (www.CWSglobal.org) to assist people in need around the world. A donation of $110 can provide emergency food supplies for a family of five for a month!

Three years ago, Debi Olphin (local CROP Hunger Walk organizer), had the idea of offering a CROP Hunger Bike Ride in the Lehigh Valley to raise additional funds. She contacted the LWA to help plan the routes and lead the rides. So far we have raised $3,400.

Our fourth annual event will be held on June 6, 2015, over scenic, low-traffic roads starting from the Bob Rodale Cycling & Fitness Park in Trexlertown. This year we will offer 15 and 25 mile ride options heading west through the valley toward Bowers and a 40 mile ride to Crystal Cave. New this year is a full metric century (62 miles) to the beautiful Hawk Valley.

To register for the 2015 ride visit www.bikereg.com and enter “CROP” in the search field. Cost is only $30 (plus bikereg fees) if you register by June 3rd and includes a light lunch following the ride. Day-of-event registration is $35. One hundred percent of your registration fee will help fight hunger locally and around the world. Can’t make the ride, you can still donate and be a Virtual Rider! Help us end hunger and register now.

Dick McCreight

TOUR DE TUSH ALLENTOWN
COLON CANCER AWARENESS RIDE
SATURDAY, JUNE 13, 2015

Please consider riding and/or supporting the inaugural Tour de Tush bike ride to support Colon Cancer Awareness efforts in the Lehigh Valley. Colon Cancer is a disease that affects many lives, regardless of age or lifestyle; it is the second leading cause of cancer deaths. Awareness is the key to saving lives with Colon Cancer because it is a disease that is largely preventable through proper screening.

The ride was conceived while I was sitting in a chemo chair going through treatment for stage III Colon Cancer. It was detected during a routine screening at age 50. I had no family history or symptoms, exercised daily, and was in good physical condition. During this time, I put much thought into what I could do to help save lives. In my opinion, there aren’t enough resources put into Colon Cancer awareness efforts. It seems like it is a disease you rarely hear people talking about, and very few get screened on time. I partnered with the Colon Cancer Coalition, a national non-profit that puts on events to raise funds for community efforts for Colon Cancer Awareness.

Local businesses and corporations have been more than generous to make the event successful. Current sponsors include:

Olympus America (Presenting Sponsor)
Lehigh Valley Health Network
Bikeline of Allentown (providing vans, mobile repair stations etc.)
Bicycling Magazine
Kutztown University
Clif Bars
Colon-Rectal Surgery Associates
Mainline Dermatology

The ride is being held on Saturday, June 13, 2015, (start is 8am) at Grange Park in Upper Macungie Township. Grange Park is located on Grange Road, north of the 222 bypass in Upper Macungie Township. The ride features 2 routes (30 mile and Metric Century). The routes are located in Strava at:

https://www.strava.com/routes/1420753
https://www.strava.com/routes/1428897

The cost for entry is a modest $30 and you are not required to raise funds, although it would be appreciated. To register, simply visit the Colon Cancer Coalition website at: http://www.coloncancercoalition.org/ and search for the Tour de Tush, Allentown. If you have questions please contact Gale Fritsche at gdf2@lehigh.edu or 610-301-1586. Thank you. I hope to see you at the ride.

Gale Fritsche

35th ANNUAL PFW BICYCLING EVENT
SATURDAY, AUG 1, 2015

Tour the New Jersey countryside on one of many rides from an easy 16 miles to a scenic century from flats to rolling hills, or bring the family to share in the fun with an 8 mile guided ride on a paved bike path. Marked routes, cue sheets, rest stops with snacks, SAG support, free parking, and a delicious post-ride barbecue with music.

New routes and rest stops. Free t-shirt with pre-registration by July 23 or mail-in postmarked July 23.

Price: $32 on-line; $35 mail-in; $35 day-of (t-shirt not included) $10 for 16 and under. Visit www.princetonfreewheelers.com for information, registration, directions. Questions? Phone 609-882-4739 or contact infoguy@princetonfreewheelers.com.

Patricia Van Hise
President
Princeton Free Wheelers
on the ride, and Jack had heard the alert. He immediately pulled off from the ride group and headed back to save the timorous terrapin from likely annihilation due to a crushing engagement with a passing tire. Fortunately, a fellow cyclist was on hand to record the event with the accompanying photo and, thereby, provide proof of another great rescue by Jack and, thereby, perpetuate his renown as a protector of the carapaced clan, more commonly known as turtles, tortoises, or terrapins. As far as the rescue of endangered turtles goes, Jack truly is “Jumpin’ Jack Flash.”

GMack QR Editor

ST. LUKE’S 1/2 MARATHON & 5K SUNDAY, April 26, 2015

Congratulations to Matt Ritz, Maureen Porter, and other LWA members who completed the recent St. Luke’s Half Marathon. In addition, LWA members Lenni Maguire and Denny Snyder both placed in their respective age groups in the 5K. Lenni Maguire, Denny Snyder & Richard Baldock all volunteered at packet pickup on Saturday.

Richard Baldock
**LWA OUT OF BOUNDS EVENT**  
**GREAT FINGER LAKES BIKE WEEKEND**

**Friday, June 12, 2015 2:00 PM**  
**to Sunday, June 14, 2015, 5:00 PM**  
**Watkins Glen State Park**  
Hidden Valley Campground, Watkins Glen, NY

The Southern Tier Bicycle Club will be hosting three days of bicycle touring and hiking in the beautiful Finger Lakes region of New York State on June 12, 13, and 14 while staying at the secluded Watkins Glen State Park Hidden Valley Group Camp. Choose a ride that is right for you from a flat and relaxing 15 miles to a challenging and hilly 108 miles. In addition to the road rides Friday, Saturday, and Sunday, the weekend will feature hikes along the Finger Lakes Trail and family friendly bike path rides.

Arrive after 2 PM on Friday, settle in, take a ride to the Fire Tower and/or Watkins Glen International Raceway or hike through Watkins Glen Gorge. The fee is $92 per person for a tent, camper or RV campsite Friday and Saturday nights. 4 Catered Hot meals - dinner Friday and Saturday nights and breakfast Saturday and Sunday mornings. There are clean bathrooms with hot showers. The rides are supported with SAG wagons, maps and limited repair service. More information about the event including detailed ride options, event schedule and registration form are located at

http://tinyurl.com/stbc-fingerlakeswkd

PLEASE NOTE $92 fee is until May 10. Late registration (May 11 - June 1) is $102

LWA members Maureen and Simon Porter will be hosting a happy hour after Saturday's ride. A $10 fee will be charged for those who want to participate in the happy hour. I will provide beer, wine, and healthy snacks. (Please indicate your alcoholic or nonalcoholic beverage preference on the comments area of this meetup so I have enough of what people prefer).

*Simon and I will pitch our tent on the grassy area adjacent to the Dining Hall.*

**Maureen and Simon Porter**

Editor's Note: Many LWA members, including myself, have attended this event in past years. The camping area is comfortable and convenient, the bike routes are interesting, challenging, and well-marked, the meals are outstanding for a weekend club event, and the Saturday evening gathering of LWA members in attendance is always special. It's also tough to beat the cost of this three day event with 4 meals included for only $92. Thanks to Maureen and Simon for coordinating for the LWA this year.

---

**MORE MEMBERSHIP STUFF**  
**READ AND REPORT:**

**DATABASE MIGRATION PROJECT**  
**AKA DATABASE CLEANUP:**

Three days after the May Newsletter is published, Membership will begin deleting expired members;5 database records for expirations prior to 2014. Also, registrations that were never converted to actual memberships will be deleted for registrations prior to 2015.

**LWA MEETUP ORGANIZER REQUIREMENTS:**

Must be a dues paying LWA member in good standing. Must join the LWA Meetup group. Must contact LWA Webmaster, Dave Drummer, requesting designation as an LWA Meetup Organizer (either initial or reinstatement, if applicable). Must either review Ride Leader Guidelines or attend Ride Leader Training. Must be an Organizer to post an official LWA event/ride, for example, because we now use Meetup as our official calendar mechanism.

**FORGOTTEN USERNAME OR PASSWORD?:**

Contact Membership Administration. We can retrieve your username and/or reset your password to a temporary password (we cannot see your current password).

**MODIFYING YOUR DATABASE RECORD INFORMATION:**

- Login at [www.lehighwheelmen.org](http://www.lehighwheelmen.org)
- Member Info
- Edit -> Update Profile
- Contact Info
- Modify...
- Update

**MEMBERSHIP ??? RENEWAL ??? NOTICES:**

If you receive an email with a Subject line akin to, "??? LWA attempted renewal ??? ~ RIB, 5/1/15", then it probably NOT spam, and likely means that your possible/probable LWA renewal has "hung", which requires verification and manual intervention by Membership. Please respond promptly so that Membership can update your database record and complete the processing of your membership extension. A typical response is affirmative, but not 100% of the time. If you do not respond, then your membership will eventually appear to expire (see below).

**MEMBERSHIP EXPIRATION NOTICES:**

If you receive an email with a Subject line akin to, "LWA membership EXPIRATION ~ RIB, 4/1/15", then it probably NOT spam, and likely means that your LWA membership has expired.
MEMBERSHIP EMAIL:

Reminder: We communicate almost exclusively via email. Please make sure your email address is current. Not sure? Login and update if necessary. Problems? Contact membership! See email contact information below.

Does anyone have a valid email address for any of the following?

(April|March carryover) Barbara Cohen (BarbaraPsyD@aol.com)

(April|March|February carryover) Bill Shirey (basketcase6666@comcast.net) ~ email confirmed as no longer valid (spoke with Bill S. at Ride Leader Training Meeting, still bouncing back)

(April|March|February carryover) Earl Wuchter (earlw@enter.net) ~ email confirmed as no longer valid Apologies in advance for any errors, omissions or redundancies.

Richard Baldock rv314159@rcn.com
Rob Smith rbsmith@ptd.net

CURT’S CYCLERY CENTURY
AKA C3=100
SATURDAY, JUNE 13

Use your love of cycling to help raise awareness and much needed funds for children battling cancer. Cycling Event for all levels - 3 courses 10, 20, 34 mile loops. Start Time 8 AM. Last Rider off the Course 4 PM. Each rider chooses their own distance. Use firstgiving to fundraise for your ride. Set up your team and allow fundraisers to join your team. Riders can also get donations by check or cash (made out to Angel 34). Total amount raised due the day of the event.

During the event there will be food/beverages provided during the ride, music and a great meal at the end of the ride for all VIP Riders. Goodie Bags for all VIP Riders and Raffle.

http://www.firstgiving.com/Angel34/Curts-Cyclery---2015-C3

http://curtscyclery.com/

Many of the Wheelmen members participate each year. This ride benefits Angel 34 a local foundation. Our goal is to raise $10,000 this year!!

Curt Miller Curt’s Cyclery

STRANGE STUFF 4:
THE HORNSTER

Got a need to be heard on your bike? Want to get a little more attention from motorists on your rides? Even those motorists with their cell phones clamped to their ears or their car stereos set to ear-splitting levels? Got an extra $8000 around to accomplish just that? Don’t mind wearing ear protection in addition to a helmet when you ride your bike? The Hornster is for you......maybe.

That little bell on your bike might be fine for a pedestrian on a quiet street or a fellow cyclist on a nearby bike, but in the world of cell phone addicted drivers and high end stereo systems in cars and trucks, you may want a few more decibels. If you want a lot more decibels, there’s the Hornster, which can deliver a blast of 178 decibels at 1 meter and 140 decibels at 18 meters, more than an F-14 fighter jet or the Concorde on take-off. By comparison, the average tractor trailer horn generates about 110 decibels at 30 meters and The Who, often cited as the loudest band in rock history was measured at 126 decibels at 32 meters at a concert in 1976. The bicycle mounted blaster with triple air horns, adapted from a system used on trains and powered by a scuba tank attached to the bike frame, is the invention of Yannick Read, who developed the bike with the backing of the UK’s Environmental Transportation Association.

Read designed the bike to highlight the dangers cyclists face in traffic. "The same quietness that makes bicycles such a civilized way of getting around makes them vulnerable to inattentive motorists---the Hornster is a wake-up call for drivers who don’t pay attention to bikes,” explained Read. Incidentally, Read was also the inventor behind the Bond bike, which was equipped with a rear-mounted K-trak caterpillar track, an anti-theft ejection seat and handlebar mounted flame thrower.

If the idea of riding around town with a scuba cylinder between your legs, giant air horns mounted on your handlebars, and noise-suppressing earphones clamped on your head (in addition to your helmet), it’s time to order your own Hornster, which has been on sale in England since May 2012.

continued on p.8...
THE HORNSTER, continued from p.7,

For more information about the Hornster and a video of the rather awkward bike, check out the following links:

https://vimeo.com/44650294

https://www.youtube.com/watch?v=XTOSWtK65PE

For a demonstration of Read’s other invention, the Bond bike, check out the following:

https://www.youtube.com/watch?v=pqCueUsZ7rg

GMack  QR Editor

QRQ  QRQ OF THE MONTH
MAY  2015

The QRQ of the Month for April 2015 was to provide a caption for the following cycling photo:

Be sure to submit your response to the QRQ by May 20, 2015. Submit all captions to gbmack@ptd.net.

GMack  QR Editor

FYI: TREK BICYCLE RECALL NOTICE

Trek has issued a safety recall notice for any Trek bicycle equipped with disc brakes and a front quick release that can open beyond 180* and contact the front disc brake assembly.

If you own a Trek bicycle affected by this recall, Trek is offering a free replacement quick release—provided by a Trek retailer—including free installation. In addition, you will receive a $20 coupon towards any Bontrager product, redeemable through December 31, 2015.

The full Safety Recall Notice can be found at the end of the current newsletter.

Dave Sheffield  LWA President

“So this is what quarter-midget cycling is all about!”
Myrna Minkoff

The QRQ of the Month for May2015 is to provide a caption for the following cycling photo:

The reader response to last month’s photo was rather paltry but, nonetheless, somewhat witty. Thanks to all the club members who submitted their captions. The QRQ, the Quick Release Question of the Month, or more aptly named the QRPC, the Quick Release Photo Caption of the Month, will continue at least one more issue.

"I will never again wash my bike with hot water!"
Richard Musselman

"I ordered the 56cm frame, but I think they built it as 56mm. I seriously need a new sponsor.”
Jack Helffrich

"If I win this, wifey will buy me a grown up bike"
Clyde Odom

"I should have kept the training wheels.”
Ignatius J. Riley

See “TALE OF A TURTLE”, p. 5
### ARTICLES FOR SALE

#### BUYERS NEEDED BURIED IN KIDS’ BIKES

<table>
<thead>
<tr>
<th>Product</th>
<th>Condition</th>
<th>Size</th>
<th>Model</th>
<th>Price</th>
<th>Details</th>
</tr>
</thead>
<tbody>
<tr>
<td>Track bike---pink Havnoonian</td>
<td>excellent condition-custom</td>
<td>45 cm</td>
<td>650 cc</td>
<td>$950</td>
<td>will be sold without pedals</td>
</tr>
<tr>
<td>Track bike---blue Havnoonian</td>
<td>excellent condition</td>
<td>45 cm</td>
<td>650 cc</td>
<td>$900</td>
<td>will be sold without pedals</td>
</tr>
<tr>
<td>Road bike---white Trek</td>
<td>used</td>
<td>45 cm</td>
<td>WSD</td>
<td>$450</td>
<td>will be sold without pedals</td>
</tr>
<tr>
<td>Sidi Track shoes</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>black</td>
<td>38</td>
<td>$60</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>blue</td>
<td>37</td>
<td>$40</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>red and shimmer white</td>
<td>38.5</td>
<td>$95</td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

### WANTED

2 HARD-SIDED BICYCLE TRAVEL CASES, Club owned, for rent to members for up to 4 weeks. $25 for 1 or 2 weeks, $50 for 3 or 4 weeks. Plus security deposit required for any rental. Contact Dick McCraight dickmcc@ptd.net

For all items listed, please contact:
Cyndi Bardman  cb@summitec.net
484-357-5131

Ads must be private buy/sell/wanted/etc. having to do with bicycling and/or other sports. *Ads must be submitted by the 20th of the month to appear in the following month’s newsletter.* Send ads to gbmack@ptd.net
LWA Weekend at the Eastern Shore 2015

Pre-Ride to the Eastern Shore 2015
MEMBER PIC PAGES

Eastern Shore Sojourn 2015

Ride through Blackwater Wildlife Refuge

Why did the Wheelman cross the road?

A President Wannabe Crossing the Delaware

“Yes, you are what you eat!!!”
Cars yield to bicycles yield to pedestrians. Horse and buggy?

The causeway, the only climb of the LWA Weekend at the Eastern Shore. The wind, however, was another issue.

When I say “On your left,” I mean on your left!
<table>
<thead>
<tr>
<th><strong>LWA Discount Sponsors</strong></th>
<th><strong>Receive a 10% Discount with your LWA membership card!</strong></th>
</tr>
</thead>
</table>
| **Action Wheels**  
530 W. Broad St. #1  
Bethlehem, PA 18018  
610-866-1113  
[www.action-wheels.com](http://www.action-wheels.com) | (unless otherwise noted) |
| **BikeLine Allentown**  
1728 Tilghman St.  
Allentown, PA 18104  
610-437-6100  
[www.bikeline.com](http://www.bikeline.com) | **Cutters Bike Shop**  
418 E. 3rd St.  
Bethlehem, PA 18015  
610-419-4207  
[www.cuttersbikeshop.com](http://www.cuttersbikeshop.com) | **South Mountain Cycles & Coffee Bar**  
337 Chestnut Street  
Emmaus, PA 18049  
610-967-4490  
email: smcbikes@ptd.net |
| **BikeLine Bethlehem**  
2112 Schoenersville Rd.  
Bethlehem, PA 18018  
610-691-0943  
[www.bikeline.com](http://www.bikeline.com) | **Fitness Central Bike Shop**  
4337 Route 309  
Schnecksville, PA 18078  
610-769-7300  
[www.fitnesscentralinc.com](http://www.fitnesscentralinc.com) | **Spokes Bike Shop**  
16590 Route 61  
Hamburg, PA 19526  
610-562-8900  
[www.spokesbikeshop.com](http://www.spokesbikeshop.com) |
| **Bikesport**  
325 West Main Street  
Trappe, PA 19426  
610-489-7300  
[www.bikesportbikes.com](http://www.bikesportbikes.com) | **Keswick Cycle Co.**  
408 N. Easton Road  
Glenside, PA 19038  
215-885-7433  
[www.keswickcycle.com](http://www.keswickcycle.com) | **The Velo Shop**  
6465 Village Lane, Suite 8,  
Macungie, PA 18062  
267-374-3915  
[www.theveloshop.net](http://www.theveloshop.net)  
info@theveloshop.net |
| **Curt’s Cyclery**  
Route #248  
Nazareth, PA  
610-759-5134  
http://curtscyclery.com/  
info@curtscyclery.com | **Saucon Valley Bikes**  
824 Main St.  
Hellertown, PA 18055  
610-838-1500  
[www.sauconvalleybikes.com](http://www.sauconvalleybikes.com) | **Village Bicycle Shop**  
7 South Village Circle  
Reinholds, PA 17569  
610-742-4786  
email: gs391@verizon.net |

**Support Your Local Bike Shop**
SAFETY RECALL NOTICE

Some Trek bicycles were sold equipped with disc brakes and a front quick release lever that opens past 180° (fig. 1). If the quick release is improperly adjusted or left open on a bicycle which also has a front disc brake, the quick release lever can become caught in the front disc brake assembly (fig. 2). If this happens, the front wheel could separate or come to a sudden stop and the rider could lose control of the bicycle.

Trek wants you to be safe. You should always correctly adjust the quick release on your bicycle before you ride. Trek’s Owner’s Manual contains detailed instructions for proper quick release installation and removal. If you do not have a Trek Owner’s Manual, see your local Trek retailer.

Additional information on proper quick release adjustment, including videos on quick release installation and removal, is available on Trek’s website: manuals and safety. More videos demonstrating proper quick release adjustment are available on Trek’s YouTube channel: without washers and with washers. We encourage you to review these materials and to consult your local Trek retailer with any questions regarding proper use of your quick release.

This letter contains important information regarding what to do next if you have one of these bicycles. Your safety is very important to us. Therefore, if desired, Trek will replace the front quick release mechanism on affected bicycle, free of charge. This includes replacement of the specially-designed quick release with washers if it has already been installed on your bike.

AFFECTED MODELS
Any Trek bicycle equipped with disc brakes and a front quick release lever that can open beyond 180° and contact the disc brake assembly is affected. If you are unsure whether your bicycle has this combination, please take it to your local Trek retailer for a free inspection.

WHAT TREK WILL DO FOR OWNERS OF A RECALLED BICYCLE
If you own a bicycle that is affected by this recall and would like a replacement quick release, Trek will provide you—through your Trek retailer—a free replacement quick release, including free installation. In addition, you will receive a $20 coupon to use towards any Bontrager product redeemable through December 31, 2015 at your local authorized Trek retailer. This coupon has no cash value. If you have any questions, please contact your retailer, or call Trek at the safety and recall hotline: 800.373.4594

THANK YOU FOR BUYING A TREK BICYCLE
We sincerely apologize for the inconvenience this has caused you. We value you as a customer and want you to safely enjoy cycling on your Trek bicycle.

This letter was prepared in cooperation with the Consumer Product Safety Commission. If you have questions about the information in this letter, please contact your Trek retailer.