AN OPEN LETTER FROM LWA PRESIDENT TO THE MORNING CALL

To the Editor of the Morning Call:

I am writing concerning the manner in which motorized vehicle vs. bicycle accidents are reported.

In the April 17, 2014 edition of the Morning Call newspaper, it was reported that a 73-year-old New Ringgold bicyclist was critically injured after a crash with a car. You stated that the police said he did not signal before turning. Let's speculate about how they obtained this information. My guess is that it was from the nineteen year old driver of the car who probably emerged from her vehicle with not a scrape or bruise. Ralph Werner, the cyclist is in critical condition, and somehow it is inferred that this is a result of his (reportedly) not signaling the turn.

Not that we would expect the motorist to say anything different. Perhaps something to the effect that, it was my fault, I was on the cell phone, texting, looking for my wallet, eating, drinking coffee, etc. We will never hear that.

Area cyclists will long remember fellow LWA member Pat Ytsma who was hit and killed by a motorist while riding his bicycle in Bethlehem. Her explanation? She just didn't see him. Her punishment? A $500 fine and loss of her driver's license for six months. Guess keeping her off the roads for a year or more would have been cruel and unusual.

While on a bike ride this afternoon, I observed someone smoking and talking on a cell phone while driving. Sadly, unbelievably, there is no law against this.
OPEN LETTER, cont. from p. 1

Regarding hand turn signals or lack thereof. Keep in mind that cyclist are steering and, when necessary, BRAKING with their hands. Both of their hands are needed to do this safely. In addition, it is frequently difficult and sometimes impossible to give a lengthy hand signal. We compromise balance and control when we take a hand off of the handlebars, so hand signals are sometimes brief and easily missed by a motorist.

I also note that the use of turn signals by motorists seems to have become an optional rather than a required activity, although this is significantly easier to do in a car than on a bicycle.

On June 8, 2012, a member of the Lehigh Wheelmen was knocked unconscious and suffered a broken arm after a collision with a car on Auburn St. in Allentown. The police are quoted in the Morning Call story as saying that he ran a red light. Again there is the situation of an unconscious bicyclist being described as having broken the law by ignoring a traffic light, based on information provided by the conscious person involved, namely the driver of the automobile. The cyclist is in the hospital, and the guy who put him there gets to have his distorted side of the story printed in the newspaper.

I was not there so I don’t know what happened at the crash with Ralph Werner or with the Lehigh Wheelmen member. But I do know that you are definitely giving a slanted view of what actually did happen by quoting one side of the situation. And when people read about these incidents in the paper, what is written incorrectly becomes factual in their minds.

In the future, please, just report that the accident is under investigation.

Jack Helffrich
President
Lehigh Wheelmen Association

GRILL AND CHILL #1
MONDAY, APRIL 21, 2014

On Monday, April 21, more than 75 club members and cyclists celebrated the “unusual” spring-like weather by attending the first LWA Grill and Chill of 2014, hosted by Debby Terfinko and Valerie Ryder and friends.

Rides were offered at B, C, and D levels with Jack Helffrich, LWA President and resident FAT Bike rider leading a D paced ride of about 10-12 miles on his single speed FAT bike.

Dick McCreight and Terry Terfinko broke the large turnout of B riders into two groups. Both had an early stop at Lockridge Furnace in Alburtis for a photo shoot of cyclists and bluebells. See pics from the event on the pics page to understand the bluebell reference.

All rides ended up back at the Velo where riders sampled burgers and dogs, prepared by Debby and Valerie and friends, and the many side dishes and desserts provided by other LWA members.

The turnout was a unusually large, perhaps owing somewhat to the rather cold and windy spring area cyclists have experienced so far. Club members who wandered into the Velo Barn and the club locker area where also treated to the unveiling of the official Jack Helffrich Presidential Library. President Jack eschewed a ribbon cutting ceremony in favor of a more discrete invitation to withdraw or contribute cycling related books and magazines to the library shelves (or shelf). For more information about the new Presidential Library, please see the accompanying story in this issue of the QR.

Thanks to all who attended and all who volunteered to provide a great early spring celebration for the club.

The next LWA Grill and Chill, which hopefully may be accompanied by fairer and more seasonal weather and perhaps even more cyclists, will be on Monday, May 19, 2014.

Watch for a MeetUp alert about the event and the rides being offered that evening.

GMack QR Editor
MAY IS NATIONAL BIKE MONTH
CELEBRATE WITH FELLOW CYCLISTS

May is officially National Bike Month in the United States, promoted by the League of American Bicyclists, established in 1880, to celebrate the unique power of the bicycle and the many reasons we ride.

Established in 1956, National Bike Month is a chance to showcase the many benefits of bicycling - and encourage more folks to give biking a try! Here are some important national dates for May this year:

May 7: Bike to School Day
May 11: Cyclofemme
May 12-16: Bike to Work Week
May 16: Bike to Work Day
May 21: Ride of Silence

For more information about these national celebration days, including promotional materials, rides, and even posters, check out the League of American Bicyclists website at http://bikeleague.org/bikemonth.

GMack QR Editor

GAP GALLOP 2014
VOLUNTEERS NEEDED

This year's Gap Gallop is scheduled for Sunday, September 14, 2014, so please mark your calendars and plan on either riding or helping out at this event. We received a number of positive comments on last year's route so we'll keep the same route provided road conditions are OK. We are also made some modest improvements to the event based on the feedback we received, but overall the event will remain the same.

This is both a fantastic ride and a good source of income for the club. We will again need many volunteers to help make this a success. Dave Sheffield and Carl Zvanut have volunteered to coordinate volunteers for the event.

Help is needed in the following areas:
- Sag Drivers
- Route marking
- Rest stop workers
- Registration and sign in
- Food purchasing
- Web design to help advertise our event

Time commitments are flexible. You can help before the event or during the event. Please go to the following link and note where you would like to volunteer.

https://docs.google.com/spreadsheets/d/1g0NwSX_eul2-fW2aG73McBJ0QQAhTGslPEaMKm-VnQ/edit#gid=1057996546

Alternatively, just contact Dave (dave@sheffieldfamily.info) or Carl (zvanutcw@gmail.com). This is a great way to support the club, encourage safe riding, and have a good time with your cycling friends while supporting the Gap Gallop.

Carl Zvanut and Dave Sheffield

LWA MEMBERSHIP REPORT
MAY 2014

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<td>Total Members</td>
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NEW LWA MEMBERS
DECEMBER 2013 TO APRIL 2014

- David Drzewicki
- Josh & Tracey Schweinsberg
- David Hughes
- Dave & Trish Burt
- Susan Heard
- Ken & Fran Drake
- David & Annamarie West
- Dodge Whipple
- Alan & Ann-Marie Labar
- Patricia Ogureck+
- Craig Mucher
- Michelle Halbsgut
- Tom Marnell
- Patrick O'Connor
- Cheryl, James, Jeshua & Rachel Fairweather
- Clyde & Cathy Odom
- Stephen Muth

We apologize in advance for any redundancies, errors or omissions.

Richard Ballock & Rob Smith
2014 Membership Administration
JUNE 14, 2014
NO REST STOPS, NO SAG WAGON,
NO REGISTRATION, NO PLEDGES

Pat Ytsma, a former LWA member and an advocate for bicycle safety, died on December 8, 2011, from injuries sustained after being struck while riding his bicycle on the Fahy Bridge in Bethlehem. Kirk Koehler, a friend and associate of Pat’s at Spillman Farmer Architects, and other friends and associates organized benefit rides in both 2012 and 2013 to raise money to support Pat’s children’s education fund. This year Kirk and company have decided to again celebrate Pat’s life and love of cycling with an informal ride.

All LWA members are encouraged to participate in this ride and celebrate Pat’s memory.

The following is Kirk’s invitation to this unique event:

Hi Riders!

First off, I want to thank you again for participating in last year’s Pat Ytsma Ride Safe Bike Tour. It was an honor to ride with you and to help raise money for Pat’s family.

Though we won’t be holding the Ride Safe Bike Tour this year, we are excited to announce that we’ll still be riding to honor our friend Pat!

The group will leave the parking lot of Saucony Creek Brewery at 10AM on Saturday, June 14th. There will be no rest stops, no sag wagon, no registration, and no pledges. This is just a group of friends taking a ride through the rolling hills of Kutztown! Ride wherever you like, and however long you feel like, but please help us honor Pat’s legacy of bicycle safety! WEAR A HELMET!

Saucony Creek Brewery has graciously offered to host us in the parking lot. (This is a tailgating event.) Food and growlers will be available for purchase after 12 noon. You’re more than welcome to bring your own food, drink, and grill. Hope to see you on the 14th! And remember—ride safe!

Ride for Pat
June 14th, 2014
10:00 am
Saucony Creek Brewery
15032 Kutztown Road
Kutztown, PA 19530

Questions? Call Kirk Koehler at 610.865.2621
KKoehler@spillmanfarmer.com

GMack QR Editor

CINCO DE MAYO BENEFIT RIDE
GREAT RIDE, GREAT FOOD, GREAT CAUSE
PA CENTER FOR ADAPTED SPORTS
SUNDAY, MAY 4, 2014

Many of us probably watched some Olympics this past winter, and were amazed at what these world class athletes can do. It is likely only a few of us caught much of the Paralympics as we had to work to find coverage of the events on TV or the internet. If you did, hopefully you were equally amazed at what these adaptive athletes have accomplished.

While only a tiny percentage of adaptive athletes have Paralympic dreams, they all have the same desire to pursue their hobby or sport just as we pursue cycling. Most of these folks need the support of some sort of adapted sports program since special equipment and instruction is often required. As one would expect these programs need to be funded through donations both large and small.

The Pennsylvania Center for Adapted Sports holds its annual "Cinco de Mayo" bike ride as a major fund-raiser to support its large array of programs including skiing, rowing, and, of course, cycling. This ride debuted only last year but was a great success and looks to be even better this year.

Details are included by following the link below:

http://www.cincodemayoride.org

The ride raises money for the Pennsylvania Center for Adapted Sports. This organization runs a number of programs allowing folks with disabilities to pursue athletic endeavors like skiing, rowing, and, yes, cycling. I am a volunteer for the skiing program, and I can attest to the great work these folks do, and how much it means to the participants.

The event includes rides of 8, 15, 22 miles on relatively flat routes, a 25 mile fairly hilly route, and a 50 mile route with serious climbing for serious cyclists. The two longer routes include rest stops and rider support. The ride website includes links for all routes, both PDF and GPX. The post ride celebration includes a FIESTA provided by Mas Mexacali Cantina.

Greg Morrison PCAS Volunteer
G. Mack QR Editor
2014 RIDE FOR AUTISM
SATURDAY, JUNE 7, 2014

The Ride for Autism is a one-day charity bicycle tour designed to raise funds for Autism New Jersey and also to raise community awareness about autism. It is also an opportunity for socialization either as a participant or as a volunteer.

- The 2014 Ride For Autism takes place on Saturday, June 7. The 100 mile ride starts at 7am.
- The ride is open to all levels of cyclists, from beginner to serious.
- Participants choose from five routes ranging in length from 10 to 100 miles, designed by the Jersey Shore Touring Society bicycle club.
- Rest stops and SAG support are provided on all routes.
- A celebratory lunch takes place immediately following the ride.

For more information about the Ride for Autism check out the event website at http://ride4autism.org/.

G. Mack
QR Editor

5th ANNUAL CURT’S CYCLERY CENTURY
BENEFIT FOR ANGEL 34 NETWORK

Saturday June 14, 2014
8am start time.

If you have ever thought of how cool it would be to say “I rode my bicycle 100 miles in one day!” OR even if you are a seasoned cyclist with many centuries under your belt. We invite you to join us on our fifth annual Curt’s Cyclery Century! Maybe, you say, what if I can’t do a whole 100 miles? Read on......

C3 = 100
- Riders will do 10, 20 or 34 mile laps
- This is NOT a race...riders may rest at the shop on any lap
- Complete as many or as few laps as you like
- This benefit ride is FULLY supported
- Food/Refreshments provided.
  - Bagels, Water, Sports Drinks, Bananas, Pizza

Riders will receive a ticket for each lap completed for drawings to be held at the completion of the event. Riders completing 34 mile laps will be given an extra ticket for each. More laps completed….a better chance to win!!!
Wear a Curt’s jersey during the event and receive extra tickets to WIN!!

DRAWING......DRAWING......DRAWING!!!!!
Grand Prize:
GARMIN Edge 510 cycling computer
Other Prizes:
$50 Curt’s Cyclery gift card
Tires
Cycle computers
T-shirts

Curt’s Cyclery will donate $2 for every 10 miles completed by every rider to Angel 34, an organization which helps children and families battling childhood cancer. Last year the event raised $1300 through the efforts of each rider.

$20 pre-registration fee. $25 day of the event. Event T-shirts will be available for purchase. Invite your friends to join you

Will you have bragging rights for riding 100 miles in one day? or 50? or 20? All at your own pace!! And STILL support Angel 34!

For more information about the event, including course maps, and pre-registration check out Curt's Cyclery website.
http://curtscyclery.com/about/c3-100-pg345.htm

For more information about Angel 34 check out their website.
http://www.angel34.org/

GMack
QR Editor

LWA RACING
UPCOMING LWA RACE FLYERS AND REGISTRATION

Emrick Boulevard Criterium
promoted by LWA Racing
Sunday, June 22

One Mile Big Ring Loop

BikeReg Link:
http://www.bikereg.com/emrick-boulevard-Criterium

Race Flyer: see p.14 of this QR.
The Round the Valley Ride is a bicycle ride fundraiser, 100 miles around Lebanon County, that is sponsored by Lebanon Valley Bicycle Coalition, www.bikelebanon.org, and Pennsylvania Wounded Warriors, Inc, http://www.pawoundedwarriors.org/, a non profit that provides services and financial aid to veterans who are identified as needing help. Pennsylvania Wounded Warriors has purchased adaptive sports equipment, such as bicycles and supported bike rides for our wounded warriors. Successful fundraising will enable our organizations to purchase one or more adaptive bicycles for wounded warriors and provide additional support to them and their families. Of course, riders will also be rewarded with a scenic ride around Lebanon County and the camaraderie of taking on the challenge.

Lebanon Valley Bicycle Coalition and Pennsylvania Wounded Warriors, Inc. are administered by volunteers. Revenues raised through events and contributions are used to carry out our missions. Purchasing bicycles for veterans is one of their endeavors. Efforts are underway to enable veterans who use adaptive bikes due to loss of limb/s to come from Walter Reed, but this is not confirmed.

The perimeter ride of Lebanon County was created by using the paved roads closest to the county’s boundaries which often follow ridge lines. Thus, there are climbs and then refreshing down hills as you traverse the South and North Mountains. Between the mountains you ride through scenic rolling farmland. The 100 miles is challenging with 6000 feet of cumulative climb and there are great views of the Valley.

The Round The Valley Ride starts at Campbelltown Fire Company, 2818 Horseshoe Pike, Palmyra, (Campbelltown) PA.
You must enter using the Lynmar Ave. entrance. Lynmar Ave. is the street going south at the traffic light at the Turkey Hill. Pre-registered bicyclists must check in at the registration table. Registration starts at 6:30 AM
To facilitate your sign-in at the ride, bring a completed Waiver Release Form with you.
Ride starts between 7 and 8 AM. Sag closes at 6 PM. RTV is a rain or shine event. No refunds. Helmets are required. Cyclists must obey all traffic laws. Red means Red. This is a “cup free” event, so bring your own water bottles.

Comments from cyclists who have previously participated in the event include the following:

“I've cycled all over the world, in places like Tuscany and Japan, and I can honestly say that Lebanon County has some of the best road biking I've ever experienced. It's like the Tuscany of Pennsylvania. I hope it stays that way.”

“Thank you for an absolutely fabulous day of riding! Greatly enjoyed the scenic roads the route followed (which was also well marked). The course was challenging but doable.”

“I really enjoyed the ride today. I'm from Lebanon and I got to see and ride on some roads for the first time. I thought the rests stops were spaced well and the people were very nice.”

For more information and pre-registration go to www.roundthevalley.org

GMack QR Editor

24th ANNUAL
DREAM COME TRUE
RIDE OR STRIDE
MAY 18, 2014

The 24th annual Dream Come True Ride or Stride will take place on Sunday, May 18, 2014. The ride benefits the Lehigh Valley Dream Come True organization, which provides funding to grant dreams to Lehigh Valley area children between the ages of 4 and 17 suffering from such diseases as cancer, cystic fibrosis, muscular dystrophy, spina bifida or AIDS.

Dreams fall into three categories—trips, meetings with celebrities or special gifts. The Lehigh Valley organization, founded in 1984, generally grants a dream almost every week has sponsored more than 1,100 dreams.

Participants in the event, whether walkers or riders, are encouraged to seek pledges for donations to Dream Come True.

24th ANNUAL RIDE OR STRIDE
May 18, 2014 (rain or shine)
Registration: $25
Bob Rodale Cycling & Fitness Park in Trexlertown
8:30 AM – 64 mile Challenge Ride
9:30 AM – 37 mile Classic Ride 1
10:00 AM – 23 mile Cruiser Ride
10:15 AM – 13 mile Leisure Ride
10:30 AM – 3 mile Park Stride

Great exercise, food, music, socializing and prizes!

Cycling Helmet .........................Yes
Sag Wagons.............................Yes
Roving Mechanics.....................Yes
Medical Assistance.....................Yes
Cue Sheets ..............................Yes
Arrows at Intersections ............Yes
Rest Stops..............................Yes
Food & Drinks Provided ..........Yes
Terrain .................................Rolling/Hilly

Cyclists under age 16 must be accompanied by an adult during the ride.
DREAM COME TRUE, cont. from p. 6

TEAMS: Five members minimum and a minimum of $150.00 per team. Members may participate in different events. Each member is eligible for individual incentive rewards. Special plaques will be awarded to the top team, determined by the average amount collected per member.

All registered riders and striders will receive an exclusive event T-shirt.

For more information and on line registration visit the Dream Come True Website  

GMack  QR Editor

LWA OUTWARD BOUND EVENTS

GREAT FINGER LAKES RIDE  
JUNE 6-9  [https://sites.google.com/site/gflbt14/home](https://sites.google.com/site/gflbt14/home)

On Friday and Saturday nights the Wheelmen will provide beer, wine, soda, snacks and on Saturday night the ingredients to make smores at the bonfire. Members are requested to contribute $10 for these special treats by paying on the LWA Meetup page for the event.

BIKE VIRGINIA  

There are at least 18 LWA members already registered for this tour in the Williamsburg region of Virginia. For more information visit the Bike Virginia website.

SPRING VELOFEST  
SUNDAY, MAY 4, 2014  
VENDOR SPOTS GOING FAST

Spring Velofest at VPCC will be held on Sunday, May 4, 2014, from 8:30 AM to 2:00 PM. Vending spots are going fast for the annual event. Rates for vending spot are $100 and $400 for commercial vendors and $40 or $50 for private vendors. Registration includes 2 admission wristbands for the fest. To register for spring 2014 VeloFest, please complete the vendor registration form at  
[http://tinyurl.com/velofestregister](http://tinyurl.com/velofestregister)

Return via the following options:  
**Mail:** PO Box 880, Trexlertown, PA 18087  
**Fax:** 610-395-7393  
**Email:** tyler@thevelodrome.com

Please note that spaces are first come, first serve with full payment due at time of registration. If the form you fill out has a request for a specific spot and is not available, you will be contacted.

2014 WORLD SERIES OF RACING  
AT THE VALLEY PREFERRED CYCLING CENTER

The Valley Preferred Cycling Center has released its schedule of events for the 2014 track season. The 39th season starts on June 6, 2014, with the UCI Keirin Cup. The season wraps up on August 29, 2014 with Madison Cup, the traditional finale for each season. The winning team will receive the Bob Rodale Trophy and join the prestigious list of 38 previous winners.

World Series of Bicycling tickets can be purchased at the tickets office on the night of the race or in advance by contacting the Valley Preferred Cycling Center at 610-395-7000 or info@thevelodrome.com. General Admission tickets remain at $5 and Finish Line tickets at $8. Gates open at 6:00PM for a 7:30PM start time each Friday night this summer.

Season tickets are also now on sale. Different levels of tickets for the season are available at $50 and $80 and include admission to racing, admission to the Spring and Fall Velofest, and merchandise discounts.

You can download the season ticket request form here  
[http://tinyurl.com/veloseasonticket](http://tinyurl.com/veloseasonticket)

FAX the form to 610-395-7393  
EMAIL the attached form to tyler@thevelodrome.com

BY PHONE with Mastercard, Visa, and Discover at 610-395-7000

IN PERSON at our business office located adjacent to the Valley Preferred Cycling Center:  
Valley Preferred Cycling Center  
1151 Mosser Rd.  
Breinigsville, PA 18031

2014 WORLD SERIES OF BICYCLING:  

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<th>JUNE</th>
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<th>Red Robin BRL All-Star Finals</th>
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GMack  QR Editor
LWA MEMBERSHIP RENEWAL

Not sure when your Membership expires? Logon at www.lehighwheelme.org and start the renewal process. You should immediately progress to a page showing how many days remain in your membership. If current, cancel and logout. Otherwise, you can either continue with your renewal or cancel to renew later.

Questions:
Contact LWAMembership Administration.

Richard Baldock rv314159@rcn.com
Rob Smith rbsmith@fast.net

QR OF THE MONTH
MAY 2014

The QRQ of the month for April 2014 was to provide a caption for the following “cycling” photo. The picture generated quite a response considering the picayune response generated by most QRQ columns. Due to that tremendous response, the column will be reprised for at least one more issue.

"Similar to the Mountain Bike industry’s recent introduction of the 650b wheel size, engineers are now investigating the benefits of a smaller wheel size standard for road bikes”
Ron Reiss

"Not sure he knew what I meant by compact..."
Kathy & David Moser

"Now, that’s a Compact frame!”
Dave Weiand

"Maybe if I change the change the chain ring............"
Ignatius J. Reilly

"I’ll never go to that bike fitter again!!!”
M. Minkoff

"I followed Graeme Obree’s blueprints exactly. I don’t get it.”
Gretel de Rousa

Submit your responses to the QR by April 20, 2014. Email to gbmack@ptd.net.

G. Mack QR Editor

SPRING CLEANING
SUPPORT YOUR LBS

The cool and rainy weather may not give you as many opportunities to ride as you would like, but the days of inclement weather may a great time to give or get your bike a spring tune up. The spring rush to build, buy, and repair bikes is already here, but if you have neglected that spring tune-up too long, you might want to “take advantage” of the bad weather to give your bike a better advantage on upcoming rides.

G Mack QR Editor
JACK HELFFRICH
PRESIDENTIAL LIBRARY
GRAND OPENING
MONDAY, APRIL 20

With little pomp but great circumstance, the Jack Helffrich Presidential Free Library was officially opened to the reading public of the LWA on Monday, April 20, 2014. Jack eschewed a ribbon-cutting ceremony and made a simple announcement of the new facility’s opening at the first Monday night Grill and Chill. Appropriately, the Jack Helffrich Presidential Library is housed in the barn located at the Velodrome, just outside the LWA storage room. This location was picked after extensive fund-raising and site appraisals because as Jack has stated, “that address just drips prestige.”

As explained in an earlier article in the November issue of the Quick Release, the new library has very relaxed lending and borrowing rules. Borrowers are encouraged to return books after about a month or so, depending on their reading speed and the requests of other members to “sign out”的 the book. Reading speed should be assessed accurately as possible as an average speed of reading, including adjustments for difficult passages and the individual reader’s own propensity to skim. Please consult the reading speed guide to determine if you are an A, B, C, or D reader, based on average pph or wpm. The guide will be published in a future issue of the Quick Release.

The Prez is also seeking additional cycling-related books to add to the already significant collection, which includes The Lost Cyclist by David Herlihy, Hearts of Lions by Peter Nye, Biking Across America by Paul Stutzman, and Boy Racer by Mark Cavendish, recently donated to the collection by LWA member Dick McCreight. LWA members interested in donating books to the burgeoning shelves (read shelf) of the Presidential Library should please contact Jack Helffrich, lwa.president@hotmail.com 610-398-0205. Jack is not concerned about the paucity of the present collection but is concerned about the lack of interest in reading about cycling in the cycling community. However, he does discourage LWA members from RWROR, or reading while riding on the road.

Dave Shefield, LWA treasurer, has volunteered to ascertain if donations of books to the newly established library will qualify as tax-deductible contributions, considering that the LWA is a not-for-profit organization (not to be confused with a non-profit organization).

The LWA board is also seeking a club librarian to handle the formidable task of maintaining the library, shelving the books, keeping track of borrowings, determining fines for late returns and lost books, and learning the Dewey decimal system for cataloging. As Jack stated previously the prestigious position offers “short hours and shorter pay,...but unlimited access to the entire collection.”

GMack QR Editor
<table>
<thead>
<tr>
<th>LWA CLASSIFIEDS</th>
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<tbody>
<tr>
<td><strong>ARTICLES FOR SALE</strong></td>
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</tbody>
</table>
| **LVWA Yellow Logo Jersey, new, men's large race fit. $40.**  
Selle Italia Max Fite Gel Flow saddles, one black one white, like new, $67 ea. Easton EC-90 Equipe Carbon Bars, 44, new, $75. call Brett 614-483-9109 |
| **57c Fuji Track. Steel frame, includes Shimano 105 brakes, a gear device so you can coast, 2 sets of clincher wheels. Excellent bike for a bike messenger or if the extras mentioned above are removed it's a good, reliable track bike. $500 for the whole package. Contact tombenn24@yahoo.com.** |
| **Fuji Track Pro 47'/48'**  
Good Condition and great young Junior track bike  
Call 610-530-0594 or email valerieathome@rcn.com |
| **FREE** |
| **YAKIMA ROOF RACK PARTS (no crossbars or rain rail attachments):** 3 bike rack trays with straps, two front wheel holders, one fork mount, assorted mounts and fasteners.  
contact GMack, gbmack@ptd.net |
| **WANTED** |
| **WANTED; Used youth or children's bicycles and frames. Any size, type or condition. These will be donated to the Earn-a-Bike program at Community Bike Works. Call Jack Helffrich at 484-347-3541 or email jackhelffrich@hotmail.com to arrange for pick-up. For more information about Community Bike Works, visit their website, www.communitybikeworks.org.** |
| **FOR RENT** |
| **2 HARD-SIDED BICYCLE TRAVEL CASES,** Club owned, for rent to members for up to 4 weeks. $25 for 1 or 2 weeks, $50 for 3 or 4 weeks. Plus security deposit required for any rental. Contact Dick McCreight dick.mccreight@juno.com.** |

Ads must be private buy/sell/wanted/etc. having to do with bicycling and/or other sports. **Ads must be submitted by the 20th of the month to appear in the following month's newsletter.** Send ads to gbmack@ptd.net

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<tr>
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<tr>
<td><strong>Spectrum Custom Titanium. complete bike. 1997 Tom Kellogg design. 55cm top tube. 61.5 cm seat tube. Shimano BB-105-T bottom bracket. Shimano Deore XT triple w/ brake mounted shifters. Clear finish. Original Kellogg invoice. Pump and cyclometer included. Asking $1500 or best offer. Contact Dick Dickerman. <a href="mailto:530dickerman@gmail.com">530dickerman@gmail.com</a>.</strong></td>
</tr>
<tr>
<td><strong>Spectrum Custom Steel. complete bike. 1990 Tom Kellogg design. 55cm top tube. 60 cm seat tube. Shimano Ultegra BB-6400 bottom bracket. Shimano Deore XT triple w/ brake mounted shifters. Soverin w/ white finish. Pump and cyclometer included. Asking $950 or best offer. Contact Dick Dickerman. <a href="mailto:530dickerman@gmail.com">530dickerman@gmail.com</a>.</strong></td>
</tr>
<tr>
<td><strong>Vintage Schwinn SuperSport. 1982 model. 56cm top tube. 58cm seat tube. Original Suntour components. double chain ring. Frame repainted silver. Make offer. Contact Dick Dickerman. <a href="mailto:530dickerman@gmail.com">530dickerman@gmail.com</a>.</strong></td>
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LWA FINANCIAL SUMMARY
MARCH 2014 YTD DOCUMENT

Touring Division -- continues to incur normal yearly start up cost such as Velo Barn Rental, Spring Kick Off Dinner, etc. Year to Date income and expenses are tracking very close to budget.

Racing Division -- canceled 75% of their March racing series due to Township Permitting issues. This is the primary reason for the YTD operating loss and the $4K budget shortfall. Chip Berezny (Racing Treasurer) forecasts that the Racing division will be approximately $3K below budget for the entire year (2014) and cash balances should be around $12K by 12/31/14.

Cash Balances:
Touring $9.7K. This represents a $0.7K increase from Feb. 2014.
Ytmsa Donation Reserve $1.0K included in the $9.7K Touring cash balance

Racing $13.7K. This is a $1K decline from Feb. 2014 due to primarily to Township Permitting issues & cancellation of most of the March races.

Please see the summary above for additional details. If there are questions or if you need additional information, please let me know.

Dave Sheffield  LWA Treasurer
Emrick Boulevard Criterium
Promoted by: LWA Racing
In cooperation with DeSales University and Bethlehem Township

Sunday June 22, 2014

**Course:** One Mile Big Ring Loop,
Slight uphill, smooth surface
Run counterclockwise. 2-sweeping and 2 - 90 degree corners

**Entry Fee - $27.** $8.00 Late Fee postmarked after June 15, 2014
Additional races $10.00. Day of registration add $8.00

Photo Finish Camera and Results by the Big Guy Group
BikeReg.com

Registration opens 7:30am. First race 8:30am.

BikeReg closes 6/20/14 at 11:45pm Additional surcharges could apply to enter the race electronically.

**Directions:** From I-78 take Rt 33 North to William Penn Hwy Exit, end of ramp turn Left.
Next light Emrick Blvd. Left turn. Follow signs for parking. Please park in indicated areas.
Location for registration outside of turn two. Same Start/Finish Line as last year.

<table>
<thead>
<tr>
<th>Category</th>
<th>Start</th>
<th>Laps</th>
<th>Prizes</th>
</tr>
</thead>
<tbody>
<tr>
<td>Women Open</td>
<td>8:30 am</td>
<td>20</td>
<td>205/5</td>
</tr>
<tr>
<td>Women Cat 4</td>
<td>8:30 am</td>
<td>20</td>
<td>Trophies/3</td>
</tr>
<tr>
<td>Men 55+</td>
<td>9:35 am</td>
<td>23</td>
<td>300 / 7</td>
</tr>
<tr>
<td>Men 65+</td>
<td>9:35 am</td>
<td>23</td>
<td>110 / 3</td>
</tr>
<tr>
<td>Women 35+</td>
<td>9:35 am</td>
<td>23</td>
<td>110 / 3</td>
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<tr>
<td>Men 45+</td>
<td>10:40 am</td>
<td>24</td>
<td>300 / 7</td>
</tr>
<tr>
<td>Men 35+</td>
<td>11:45 am</td>
<td>25</td>
<td>300 / 7</td>
</tr>
<tr>
<td>Men 2/3/4*</td>
<td>12:50 pm</td>
<td>25</td>
<td>300 / 7</td>
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- Fields may have separate starts
  (to be determined by field size)

**Not a PA BAR Points race**

No Category 5's in Masters Races
Free Lap - Wheels in Wheels Out

Send Standard Entry Form to:
Chip Berezny
101 Hillside Drive
Coopersburg, Pa 18036
NO PHONE ENTRIES
ALSO: BIKEREG.COM

Race Information Call:
610-554-2931 BEFORE 9pm
E-mail: LWARacing.info@gmail.com
Make Check Payable to:
LWA RACING DIVISION

LehighWheelmen.org

revised 03/17/14
LWA Discount Sponsors

Receive a 10% Discount with your LWA membership card!
(unless otherwise noted)

Action Wheels
530 W. Broad St. #1
Bethlehem, PA 18018
610-866-1113
www.action-wheels.com

BikeLine Allentown
1728 Tilghman St.
Allentown, PA 18104
610-437-6100
www.bikeline.com

BikeLine Bethlehem
2112 Schoenersville Rd.
Bethlehem, PA 18018
610-691-0943
www.bikeline.com

Bikesport
325 West Main Street
Trappe, PA 19426
610-489-7300
www.bikesportbikes.com

Curt’s Cyclery
Route #248
Nazareth, PA
610-759-5134
http://curtscyclery.com/
info@curtscyclery.com

Cutters Bike Shop
418 E. 3rd St.
Bethlehem, PA 18015
610-419-4207
www.cuttersbikeshop.com

Fitness Central Bike Shop
4337 Route 309
Schnecksville, PA 18078
610-769-7300
www.fitnesscentralinc.com

Keswick Cycle Co.
408 N. Easton Road
Glenside, PA 19038
215-885-7433
www.keswickcycle.com

Saucon Valley Bikes
824 Main St.
Hellertown, PA 18055
610-838-1500
www.sauconvalleybikes.com

Sleeping Dog Professional Cycles
330 W. Weis St.
Topton, PA 19562
610-682-1000
www.sleepingdogprocycles.com

South Mountain Cycles & Coffee Bar
303 Main St. Lower Level
Emmaus, PA 18049
610-967-4490
email: smcbikes@ptd.net

Spokes Bike Shop
16590 Route 61
Hamburg, PA 19526
610-562-8900
www.spokesbikeshop.com

Village Bicycle Shop
7 South Village Circle
Reinholds, PA 17569
610-742-4786
email: gs391@verizon.net

SUPPORT YOUR LOCAL BIKE SHOP