Time to PARTY!

LWA's Year End Party and Annual Meeting will be held on December 4, 2011.

Social hour will be from 5:30 to 6:30 with dinner being served at 6:30. There will be a cash bar; non alcoholic drinks, entree and desserts are included. Following dinner will be the annual meeting with announcements for new club officers etc.

Price for members is $15 and $30 for non-members.

Please use the following link to register for the party. Bikereg fees are waived for this event.


Electronic Gadgets!

I recently had an annoying experience (amusing in retrospect).

I had set up my road bike on a work stand in my garage (planning on cleaning the chain later) prior to departing for a ride on my mountain bike.

When I attempted to close the garage door using the wireless keypad, the door wouldn't close, so I had to use my key to close the door.

When my wife came home, her wireless opener wouldn't open the garage door.

I checked the manual, changed batteries, etc. w/o success.

Later, after I returned my road bike to its normal storage location, the wireless garage door devices resumed working normally.

Suddenly it dawned on me that the road bike's wireless cyclo-computer had been interfering/interacting with the garage door's wireless devices!

By then I had wasted at least an hour.

Richard Baldock

Club Elections

Club Board nominations are currently underway. Every year we elect a President, VP Touring, VP racing, Secretary, Treasurer and at-large board members. This year we need nominations for all officers and 5 at large board members, 3 are 2 year appointments and 2 are 1 year appointments. We typically meet for about 1.5hrs the third Monday of every month to discuss a variety of club activities.

Elections will be held at the Annual Meeting at the Year End Party that will be held on December 4, 2011 at Bear Creek Ski Lodge.

If you have any questions about what the positions entail, feel free to contact the current officer in the position or for more information regarding duties of the board visit http://www.lehighvalleywheelmen.com/files/ Documents/LWA%20By%20Laws.pdf

If you or a friend is interested, please email LWA.Membership@gmail.com

LWA Meetings

Next meeting is:

December 4, 2011
Annual Meeting & Party
MEETING LOCATION:
Bear Creek Mtn Ski Resort

Visit the Lehigh Wheelmen home page at www.lehighwheelmen.org
Due date for Quick Release articles is the 20th of every month.
LWA Favorite Rest Stops

This Summer LWA members voted for their favorite rest stops. A total of 50 businesses were nominated! The LWA Board decided that the top 5 would be honored with plaques identifying their establishment as a “LWA Favorite for 2011”. There was actually a three-way tie for 5th place so seven awards were presented. The top choice with more than twice the votes of the next runner up was The Market Café in Topton. Your favorites are:

1st Place  The Market Café  Topton, PA
2nd Place  The Country Cupboard (aka the Lenhartsville General Store)  Lenhartsville, PA
Tie  The Oley Turnpike Dairy  Oley, PA
2nd Place  Wanamakers General Store  Wanamakers, PA
4th Place  Jenn & Jessie’s Ice Cream Parlor  Oley, PA
Tie  Rabert’s Sunoco (aka the Coastal)  Kemptown, PA
5th Place  The Market Café  Topton, PA

In addition Honorable Mention goes to:

- Longacre Dairy  Bally, PA
- South Mountain Cycles  Emmaus, PA
- The Hometown Diner  Breinigsville, PA
- Curious Goods at the Bake Oven Inn  Germansville, PA
- Simmeria Café & Bistro  Fleetwood, PA
- Bagel Bunch  Pleasant Corners, PA
- Blue Mt Family Restaurant  Danielsville, PA
- Crystal Cave  Kutztown, PA
- Crystal Springs  Schnecksville, PA
- Echo Hill Country Store  Fleetwood, PA
- Frenchtown Café  Frenchtown, NJ
- OWowCow  Nockamixon, PA
- The Bridge Café  Frenchtown, NJ
- The Train Station Bakery  Milford, NJ

Not only did you vote, but comments were received as well:

- “By far, my favorite stop is the Market Cafe in Topton. Great coffee. Fresh baked goods and in the summer, a nice porch where you can sit and keep an eye on your bicycle. I can’t think of a place in the Lehigh Valley that comes close to the place, in terms of cyclists. Every so often, a train passes by the former train station, too. A bonus.”
- “[Blue Mountain] “I stop there 2-3 days a week; it is great, and very friendly to cyclists.”
- “For service, ambiance, and the best products, none can rival South Mountain Cycles in Emmaus.”
- “Longacres Dairy comes to mind. They are always so nice to us.”
- “Hometown Diner deserves an award. That are always so nice to us.”
- “[Longacres Dairy] “They even gave me a band-aid when I needed it.”
- “[J&J Ice Cream] “The one that opens for us when we arrive early.”

And my favorite comment:

- “An establishment we won’t identify” “The food is not very good and the service is not very good but they eventually bring you a beer.”

We encourage you to visit these LWA-friendly businesses. Keep an eye on the LWA ride calendar for rides to the top seven locations for the awards presentations.

Dick McCreight

Embracing the Cold

With the unwelcomed arrival of several inches of wet snow at the end of October and the waning of daylight hours, many cyclists will put their bikes into hibernation for the next 6 months. When I first started riding with the Wheelmen, and October approached I was talking to the ride leader about how sad I was that there wouldn’t be many rides left because of the cold weather. He said, “You can ride through the winter you know”. A thought that always seemed like it was bordering on crazy, eccentric even. In the past when I would see that rare person riding their bike on a cold winter’s day I used to think “Wow that person is crazy! I like riding my bike but that’s extreme”.

The ride leader assured me it wasn’t crazy and that if properly dressed it’s quite enjoyable. I pondered the idea and looked into winter cycling gear online. I made a list of what I would need to stay warm and luckily Santa (my husband) bought me all the gear on my list. I was amazed at how truly liberating it felt to ride during a time of the year that in the past I thought was relegated to the gym.

Through trial and error I figured out what layers I needed for different temperature and wind conditions. Being able to continue riding through the winter helped reduce that cabin fever feeling and also gave me a fitness base to jump start the next cycling season.

So at the risk of sounding crazy, I strongly recommend cycling through the long cold winter. Grab a cycling buddy and go off the deep end together. If you are unsure of what to wear, a good place to start is with insulated cycling pants, a wind resistant cycling jacket, winter full finger cycling gloves, shoe covers, and my personal favorite, a balaclava. If you want a bit more help with what to wear, Bicycling magazine has a good tool on their website that tells you what to wear based on the weather conditions. www.bicycling.com/whattowear

When you get on your bike with all your gear on, if you feel like a geek, just remember that no one is going to recognize you hidden under that balaclava. You can ride incognito with a big smile on your face because you are outside doing what you like to do. Hopefully I will see more of you on the road this winter!

Maureen Porter, Secretary

Classified Ads for Members Only

**ARTICLES FOR SALE**

<table>
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<tr>
<th>Article</th>
<th>Description</th>
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<tr>
<td>Trek 7600FX Hybrid</td>
<td>in excellent condition. Size 15” or small. Contact Kathy 610-351-3968 or email <a href="mailto:kcm631@yahoo.com">kcm631@yahoo.com</a> Pictures are available.</td>
</tr>
<tr>
<td>Fuji Track, 57c w/brakes, 2 sets clincher wheels</td>
<td>Excellent condition. Contact Tom 717-330-3552 or <a href="mailto:tombenn24@yahoo.com">tombenn24@yahoo.com</a></td>
</tr>
<tr>
<td>Felt F85 Road Bike</td>
<td>size 47. Pristine Condition. Tires are 650cc, weight is 19.4 # Carbon fork. Email lisamb <a href="mailto:Briggs@verizon.net">Briggs@verizon.net</a></td>
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**FOR RENT**

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<tr>
<td>2 HARD-SIDED BICYCLE TRAVEL CASES</td>
<td>Club owned, for rent to members for up to 4 weeks. $25 for 1 or 2 weeks, $50 for 3 or 4 weeks. Plus $25 security deposit required for any rental. Contact Dick McCreight @<a href="mailto:dick.mccreight@juno.com">dick.mccreight@juno.com</a></td>
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**WANTED**

Ads must be private buy/sell/wanted/etc. having to do with bicycling and/or other sports. Ads must be submitted by the 20th of the month to appear in the following month’s newsletter. Send ads to Sallie @ sallie.pedals@gmail.com
NEW SPONSOR:

Fitness Central Bike Shop - Open M,W,F 10-6, T,Th 10-7, Sat 10-5
4337 Route 309, Schnecksville, PA 18078 PH 610.769.7300 Fax 610.769.7511 www.facebook.com/fc.shop

LWA Discount Sponsors

Receive a 10% discount with your LWA membership card! (unless otherwise noted)

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www.slbikes.com

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610-967-4490
email: smcbikes@ptd.net

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*10% off parts and accessories